## PSU PTA Lab Worksheet Assessment Tool. Lab: Asepsis

TO be completed PRIOR to Lab (For Asepsis Lab, week of 8/31): Fill in or Circle the correct answer
Name: \_\_\_\_\_\_ Date:\_\_\_\_\_\_

- 1. Please list the 5 elements of the cycle of cross contamination:
- 2. What is the difference between standard and transmission-based precautions?

- 3. Healthcare Acquired Infections account for about \_\_\_\_\_ million infections each year.
- 4. What are the 4 modes of transmission that were mentioned in the video?
- 5. For contact transmission, which form of PPE is most appropriate: Mask or Gloves?
- 6. When doffing PPE, it is important to: Avoid handling the outside of the PPE / Avoid handling the inside of the PPE?
- 7. This technique reduces the number and transmission of microbes and is also referred to as clean technique.

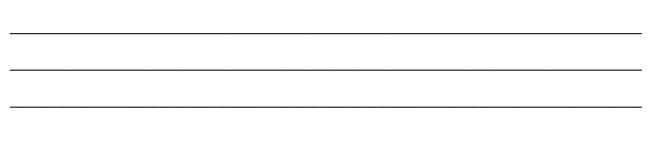
8. Please list 5 timepoints for hand hygiene:

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9. Hand hygiene is an essential part of infection control as we keep saying: Which method is most effective for eliminating spores:

Using soap and water or using hand rub/sanitizer with alcohol greater than 60%

10. Most interesting or important fact you learned from the asepsis materials?



## Asepsis Lab: Class Discussion Questions

You are at completing a clinical affiliation at skilled nursing facility (SNF). Your patient is an 85-yearold female (yof) who fractured her right hip following a fall at home. She spent 3 days in acute care hospital and was found to be medically stable, but not strong enough to return to her home – a small cottage at a retirement center. She was transferred to the SNF for rehabilitation prior to returning to her home.

Before leaving the hospital, she was tested for COVID-19 and found to be negative. However, upon admission to the SNF, as per their policy, she was re-tested and is now in her room on isolation until the results come back tomorrow. You and your clinical instructor (CI) are to see this patient in her hospital room.

- 1. What types of PPE will you need to put on (donn) prior to entering the room?
- 2. Why?
- 3. When will you doff the PPE?

Can you explain to a non-healthcare provider (or student) why we use hand hygiene, masks and social distancing to mitigate COVID-19?